

## CMS Student Suggestions for Remote Learning

	Suggested amount of minutes engaged in optional supplemental learning per course per week
4-5	60 minutes
6-8	90 minutes
9-12	120 minutes

As a student, what are my opportunities as part of a remote learning community?

- Check Canvas for supplemental assignments and resources regularly.
- Pay attention to possible check-ins offered by your teachers.
- Put in your best effort and reach out to collaborate with your peers when applicable.
- Self-advocate. Reach out to teachers, counselors, family members, and peers when you need any help for any reason.

As a student, how can I stay organized?

- Map out your suggested schedule for the week, considering the remote supplemental learning suggested for you, your teachers' check-in's, independent study and reading time, and any collaborative time with group members.
- Start your Remote Learning Day early. Waiting until the late afternoon or evening to engage in your supplemental learning may add unnecessary stress and create missed opportunities for collaboration and feedback.
- Divide supplemental learning activities into smaller chunks of time. Take short breaks to increase focus and stay motivated to complete tasks on time.
- When you are completing work remotely, reduce distractions.

As a student, how do I stay connected?

- Ask your teachers questions! Use email and the Canvas inbox.
- Reply regularly to your classmates' products and course discussion boards. Use feedback on your products to revise your thinking and guide further learning.
- Create virtual collaborative groups with other class members in addition to the time you schedule for teachers and independent time.
- When possible, check in live, online rather than always sending a chat, text or email. Human connection is important!

## Sample/Suggested Student Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00am-8:15am	Breakfast				
8:15am-8:45am	Staying Connected Check-In Time ( <i>How are you doing?</i> ) Work on supplemental assignments				
8:45am-9:45am	Study Block Work on Supplemental Learning Check-in with collaborative peer groups				
9:45am-10:00am	Break				
11:15-12:30pm	Study Block Work on Supplemental Learning Check-in with collaborative peer groups				
12:30pm-1:30 pm	Lunch				
1:30pm-3:00pm	Check-in with your teacher Work on supplemental assignments				